

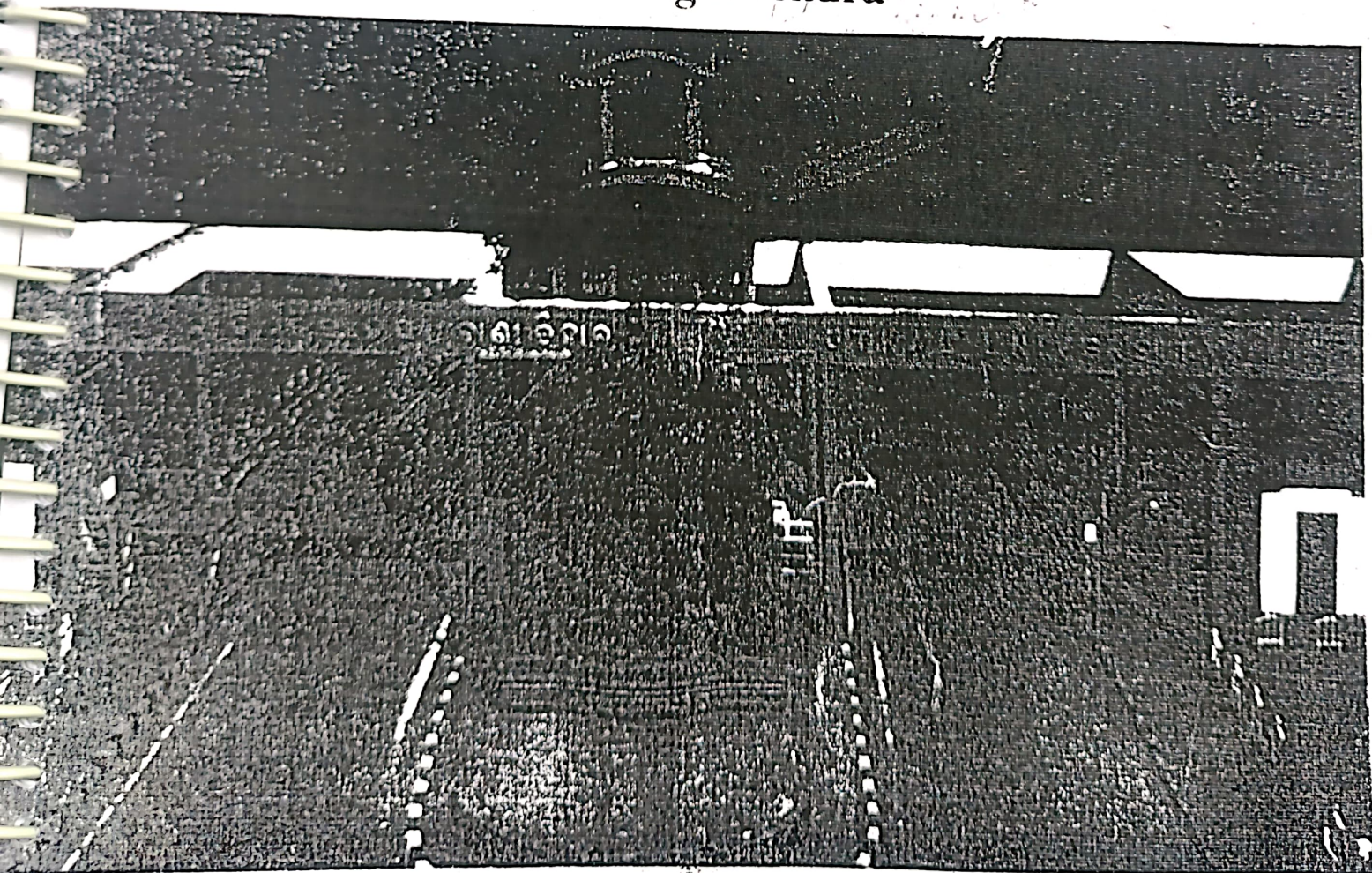


Philosophy, Yoga and Human Destiny

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Education for Personality Development

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Abstract

Personality Development is defined as the process of developing and enhancing one's personality and is the aggregate of memories and incidents in an individual's entire life span. Psycho-physical and socio-cultural factors, family background, financial background, financial conditions, genetic factors, situations and circumstances also contribute to an individual's personality. For developing the personality of an individual, there is need to inculcate the value education among individuals. In reality, value education is a matter of educating the feelings, emotions and as a matter of developing appropriate behavior and habits. It is the 'training of the heart' and consists in developing the right feelings and emotions among individuals. 'what is' as with 'what ought to be' and 'what ought to be done', are the prime involving inculcation of certain virtues and habits. There are different dimensions to guide the value education. Today, there is crisis in adopting values education in 21st century but there is dire need to adopt in practical life. The attitudes and values of discipline, cooperation, communication skills etc. enable them to develop healthy interpersonal relationships in society which in turn facilitate their better adjustment in the practical life. So, value education helps to develop the personality of individuals.

Personality Development is defined as the process developing and enhancing one's personality and is the aggregate of memories and incidents in an individual's entire life span. Psycho-physical and socio-cultural factors, family background, financial background, financial conditions, genetic factors, situations and circumstances also contribute to an individual's personality. When any person behaves in the society reflects the personality of an individual's personality. It helps an individual to gain confidence, develop positive attitude and generate high-esteem. It includes physical, mental, intellectual and spiritual growth all together. Many psychologists viz., Sigmund Freud, Jean Piaget, William James and Erik Erikson have defined many personality development theories which has threw light on the complex nature of human personality. Personality cannot be judged in isolation and there are many factors that

shape a human personality. For developing the personality of an individual, there is need to inculcate the value education among individuals. In reality, value education is a matter of educating the feelings, emotions and as a matter of developing appropriate behaviour and habits. It is the 'training of the heart' and consists in developing the right feelings and emotions among individuals. 'what is' as with 'what ought to be' and 'what ought to be done', are the prime involving inculcation of certain virtues and habits. Values represent wide range of good ideas about the end that people should pursue in their life.

In Gurukul system, gurus are supposed to give knowledge to children for developing inner potentialities and attainment of higher goal in life. In Indian tradition, Swami Vivekananda referred to man-making education and Gandhi advocated a comprehensive approach to education. Sri Aurobindo talks of integral education because they emphasize for getting self-realization in life. Swami Vivekananda said that Religion is nothing but a manifestation of the divinity already in man. Man is not just the body or even the combination of the body & the mind. He is essentially the spirit and manifest this spirit in every thought, word and action in human life. So, it should aim at a full and harmonious development of the body & the intellect and tune it to the spirit within.

Dimensions of Value Education: There are different dimensions to guide the value education, some are discussing below-

- i. **Social Dimension:** India is a Socialistic country and social value is an important part of the culture of this country. Social value, norms and institution explain the way in which social processes operates in a given society. Values are the criteria people use in assessing their daily life, arranging their priorities, measuring their pleasures and pains, choosing between alternative courses of action.
- ii. **Educational Dimension:** India is a democratic country so every persons of this country has their right to take part education. The ability to make moral judgment based on sound reasoning is a very important aim of value education and has to be deliberately cultivated. Education is the prime seed of developing values and it helps a person to judge any things in the light of reasoning.
- iii. **The Spatial Dimension:** An important aspect of value education system in India, relates to the development of the spirit of national identity and patriotism among youth.